



ESSAY Test_TS - 3 (APSC Mains 2023)

Duration: 3 Hours

NAME	BAYARD KALYAN	Registration No:	
DATE	26/04/2023	APSC ROLL NO:	4002965
Email Id:			

(Please fill your details correctly)

Medium

English ☒

Assamese ☐

INDEX NUMBER			INSTRUCTIONS
Q.NO.	Maximum Marks	Marks Obtained.	Please read each of the following instruction carefully before attempting the questions: • Essay paper will consist of two Sections, each Section containing of 2 Essay topics, out of which the candidates will be required to write one topic from each of the sections A and B, in about 1000-1200 words each. • Each Essay will carry 125 marks. • There will be word limit and page limit for the essays. • The duration of the test is 3 hrs.
Section - A	125		
1			
2			
Section - B	125		
3			
4			
			Remarks: Signature of the Student: <i>Bayard Kalyan</i>
TOTAL:	250		



Brief report of Performance Evaluation of student in the paper

Parameter / Criteria	Aspect Considered	Total Marks	Essay 1	Essay 2
Basic Format	Introduction + conclusion	10		
	Body	15		
Content	Data/ Facts/ Interpretation/ Analysis	25		
Organisation	Flow of Ideas / Absence of Deviation from the topic	25		
Language skills	Punctuation/ Grammar/ sentence Formation / Spellings	25		
Examiner's Discretion	Perception / Innovation / Engaging	25		

Parameters	Very Good	Good	Average	Poor
coherence				
Language				
Handwriting				

Detail Feedback

Handwritten text in the feedback section, mostly illegible due to blurriness. Some words like "Feedback" and "Detail" are visible.

Section - A

- ✓ 1. A Ship in Harbour is Safe, But That is Not What Ship is For
2. You cannot Step Twice in the Same River

(1200 words)

Ans-1 → A sunny afternoon in the month of June, Santosh was lying on his bed scrolling through social media. He had just completed his bachelors and was applying to various Universities for masters. Suddenly as he was busy scrolling, a mail popped. The mail was from Technical University of Munich, Germany. His heart rate intensified while opening the mail. To his surprise, he was selected for masters in one of the best Universities of Germany and Europe.

Belonging from a small town

of Dibrugarh, Assam both he and his parents were surprised. He had never stepped a foot out of Assam and did both his schooling and bachelors from his hometown. It was difficult for Santosh to say goodbye to his friends and his hometown. But soon he was adjusted to his new life in a foreign country.

From being dependent on his mother for cooking him food, washing his clothes, etc. He was now doing all his chores living alone completely dependent on no one but himself.

For Santosh, stepping out of his hometown and from the love

and caring environment of his parents was a big decision of his life. We can learn from his story that we must understand our utility in this world and move out of our nests to realize them.

Understanding the purpose of our life

To understand the purpose or utility of our life, we must first observe our interests and back them by having sufficient potential to achieve our purpose.

Estimating Our Potential

We all are blessed with unique set of characteristics and an unmeasurable will for living our

best life and achieve our goals. The first step to estimate one's potential is to try doing new things. However, as for the ship and for us, there are limited opportunities in the harbour.

A ship can only realize its true potential whether it performs well in high seas, oceans, turbulent storms, etc when it ~~exists~~ exits the harbour. Similarly, by exploring we can get an idea of our own capabilities.

Defeating the Doubts

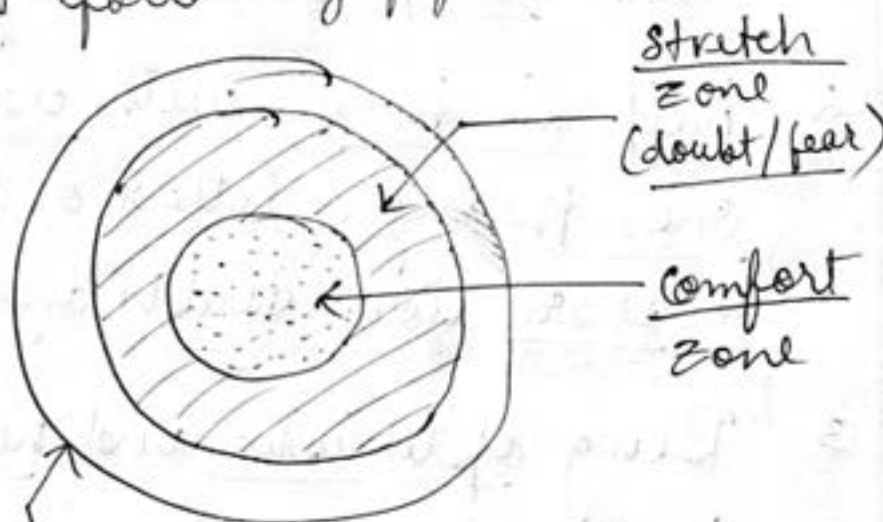
Once, we start exploring and doing new things, we may start to have doubts on ourselves

and that is perfectly normal. Once we start to go deeper, the doubts convert into fear. And those who can overcome this fear will his place in the history books. One famous example we can take from history is of Christopher Columbus whose unwavering determination and curiosity to know "what's on the other side?" led to the discovery of America. Columbus defied common misconception during his time in his home country that the Earth is flat and one can fall down on the other side.

The story of Christopher Columbus exemplifies what one can achieve once they leave their comfort zone.

Escaping the Comfort Zone

A famous saying that "Comfort is the biggest enemy of man" highlights the importance of escaping the comfort zone understood by the following figure -



Expansion of one's zone of influence.

Escaping one's comfort zone is not an easy task but there are certain methods through which one can benefit during the transition as shown in the above figure -

Methods through Transition

1. Make new relationships with new people in the journey.
2. Keep in touch with closed ones through letters or messages to share your doubts and fears.
3. Being optimistic and recalling the purpose helps in solving

Certain problems throughout the journey.

Examples of Individuals who created a positive impact in society

We can come across many such individuals who made their and the life of other people better by stepping out of their comfort zone.

Gautam Buddha

Buddha was born as Siddhartha in a royal family. After his birth, the royal priests predicted that he will either be a great emperor or

a world renouncer. Fearing his son of becoming a world renouncer, Siddhartha's father the King strictly instructed his servants to keep Siddhartha inside the bubble of all world luxuries within the palace.

Siddhartha did not perceive the world in its real form until his late twenties. He once decided to step out of the bubble created by his father and went on to view the four sights of human life which later became the foundation of his philosophy.

Mahatma Gandhi

Gandhiji also became a victim of Apartheid during his time in South Africa. For From there, he understood his responsibility of fighting against injustice and later went on to lead one of the greatest freedom struggle in the world against the British.

Had neither Gandhiji nor Jiddhartha stepped out of their comfort zone, the things would have differed significantly and India may yet not have

freedom not can it claim to be the epicenter of Buddhism.

The story of Santosh

As Elon Musk, a famous businessman, innovator and the richest man in the world said that - "It is possible for an ordinary person to choose to become extraordinary."

The above statement and examples highlight how even an ordinary person achieve greater success just by escaping their comfort zones.

Santosh completed his masters
in Germany and started an
organisation to help poor students
in India to fulfill their dream
of studying abroad.

Santosh recalls that if he
hadn't stepped out of his hometown
he would not have been able to
serve the society and himself in
the way he wanted. Thus,
exiting the harbour proved to
be a success for him.

Section - B

3. Best for an individual is not necessarily best for society
4. Be the change you want to see in others

(1200 words)

Ans-4 → As Titu regained his consciousness, he slowly opened his eyes seeing his old widowed mother sitting beside him weeping by looking at him. Titu just had one question "What happened?"

Upon gaining his full consciousness, he came to know that he was so heavily drunk the last night that he fell into a gutter. He broke both his legs and displaced his shoulder. He was lying in the gutter till

the morning until a cleaner found him, informed his mother who later admitted him to a hospital. His wife left him the following morning and initiated divorce proceedings.

Tifu was a devout alcoholic, but this incident left an impact on his mind seeing his mother weeping. Tifu was determined to quit alcohol. Initially he had a lot of difficulties. He also got himself into a Rehab centre but it did not help as he was mistreated. However, with a strong will power he managed to completely get rid

of alcohol and start a new life.

The above story highlights the importance of changing oneself for good which will eventually lead to change in the society.

Changing Oneself

We often underestimate the impact we can have on the society by changing ourselves first. We tend to advise others regarding what to do and not to do but we never analyze ourselves what we are doing? Is it right or wrong?

If it is wrong how can we
change it?

Gandhiji always emphasized
on changing oneself first by
saying - "Not so much great lies
in changing the world than
making change in oneself."

This can be understood by
an incident in which a
mother approached Gandhiji to
take his suggestion of how to
get her child rid of eating too
much jaggery. Gandhiji asked
the mother to come after two
weeks for the solution.

After two weeks, the mother came with her child. Gandhiji asked the child to abstain from eating jaggery as it was bad for his teeth. The mother was confused and asked Gandhiji why he did not give the same answer the last time. Gandhiji told the mother that he first himself tried to avoid jaggery for two weeks before preaching the same to her child.

This incident reflects Gandhiji's philosophy and how one should set an example for others to follow by changing themselves.

Practise Before Preaching

Gandhi's ideas also signified the importance of practising what you preach. There are certain benefits with this practice -

1. Staying true to oneself - By practising one's own ideas one develops clarity of thoughts and honest character.
2. Satisfaction - When we practise what we believe is right, we become more satisfied with our lives.
3. Becoming an Example - We can give examples of ourselves

while trying to convince someone else.

Thus, we become more credible once we start practising what we preach.

Example from My Life

We all can come towards a common agreement that no one is born perfect. We try to make positive changes within ourselves to become a better person and develop a credible character.

One such incident or example where I tried to make change in my habits is when I was

about 12 years of age. My uncle had a very bad habit of smoking. He was addicted to it and since I had a feeling of love towards my uncle, I took the responsibility to help him get rid of smoking addiction.

At first I tried several methods like hiding his cigarette packets, destroying them and such. Soon, I realized such methods were ineffective. Then, my uncle asked me to try quit my addiction towards gaming and restrict it to only 1 hour daily. Both me and my uncle came into mutual

agreement pact that if I can limit my gaming addiction to less than 1 hour daily, he will quit smoking.

At first, I felt like it was impossible for me to limit gaming as I enjoyed gaming so much. I did not realize how much time it was consuming and affecting my studies in a negative manner.

After 3 months of vigorous self-regulation and discipline I managed to limit gaming to only 30 minutes daily. I soon found out that my marks in

school exams also started increasing. I was able to focus more on my studies.

Thus, I went to my uncle and narrated my journey to quit gaming addiction. I told my uncle "If I can then you also can". He was impressed with my commitments and started his journey to quit smoking.

I am currently 23 years old. I have never seen my Uncle smoke even one cigarette since the day I narrated to my story or journey to him. I did

managed to successfully convince my uncle to quit smoking by setting an example myself.

The story of Jitu

Continuing the story of Jitu, he was successfully able to come out of alcoholism after ~~than~~ that incident. He soon found a job, a purpose, a meaning of his life.

Seeing his dedication, Jitu's wife gave up her divorce proceedings and came back with him. Soon his family was once again united.

Titu wrote a book on overcoming his alcohol addiction. He published it and became a source of inspiration for many.

~~Titu~~ Titu also started a rehab centre where he personally motivates victims of alcohol and drug abuse. He also tries to create awareness among young students about the negative impacts of alcohol and drugs.

Titu's story is a shining example of how one can change the society by changing themselves first.

ROUGH PAGE

Ship safe in harbour

① → Intro story of rambhadracharya - self unites / self trans.

The story of rambhadracharya is to go beyond comfort zone

② →  Escaping the comfort zone or the harbour
 → Example - India study

③ → Understanding the purpose of life your utility
 → understanding the potential
 → Giving harmony potential - Attitudes
 → Escaping comfort zone - Values
game

④ Some Example of individuals who change who
the impact → Buddha, Gandhi, Kiran Bedi

⑤ Quote → "It is possible for an ordinary person
 to choose to be extraordinary" - elon musk

ROUGH PAGE

Part for Testers Be the change

→ Come in

There ~~is~~ ~~no~~ ~~great~~
 not much great in ~~changes~~
 making change in
 making change in ~~work~~ but
 making change in ~~work~~ but

ROUGH PAGE